

Some people prefer to play team sports, while others prefer to play individual sports. Discuss the advantages of each. Then indicate which you prefer and why. Use specific reasons and examples to support your response.

Each of us has experienced playing different kind of sports as a hobby or even a professional career during our lives. The reason behind favoring a specific field has been something unconscious for most of us, but we should be aware that choosing individual or team sports can provide us with distinguishably different advantages, on the following grounds.

On the one hand, the proponents of team sports are strongly of the opinion that by means of playing with other team members, we will be able to develop our social skills and increase our responsibility. In other words, we can learn how to interact with different kinds of people who have has the same goal with us, and in this way we will build some characteristics to become ready for our future professional or personal life. Moreover, we will be taught that sometimes we have to overlook our favors in order to reach a common target.

On the other hand, from the view point of those who believe in individual sports, self-confidence increase and inner powers detection are the consequences of playing solo sports. To put it in another way, as a result of individually playing, we will face a particular situation in which we will get more conscious about our inherent abilities. Plus, with the help of playing singlehandedly, we will become ready for accepting the results of our decisions.

In my estimation, were I to choose either of these options, I would rather team sports rather than than individual ones. Personally speaking, I opine that communicating with others is a great opportunity for each person to develop a broad spectrum of positive points in personality which can by no means be ignored. Team activities not only would prepare us for living in the society, but also enables us to make establish new relationships.

To sum up, although both team and individual sports have some remarkable merits, I believe that the former (first one) helps us feel better compared to the latter (second one).